

October 7, 2022

8:00 AM - 4:00 PM

Courtyard by Marriott Iowa City University Heights 901 Melrose Avenue, Iowa City, Iowa

PROVIDED BY

The University of Iowa Roy J. and Lucille A. Carver College of Medicine, Department of Internal Medicine, Division of Endocrinology & Metabolism

AGENDA

Friday, October 7, 2022

Rooftop, Marriot

7:30 - 8:15 am	Registration/Breakfast
8:15 - 8:30	Welcome Yumi Imai, MD
8:30 - 9:15	Leon Jons, MD Obesity and GLP-1 Medications
9:15 - 10:00	Katie Robinson, MD, PhD Weight Stigma: Challenging a Harmful Norm
10:00 - 10:30	Break
10:30 - 11:30	Keynote Joseph Aloi, MD, FACE, FACP Integrating Technology into Diabetes Care
11:30 - 12:15	Diana Jalal, MD Diabetic kidney disease: Dawn of a New Day
12:15 – 1:25 pm	Lunch
1:30 - 2:15	Lauren Kanner, PhD Polycystic Ovary Syndrome: Effects on Metabolism as well as Fertility
2:15 - 3:15	Amie Ogunsakin, MD Improving outcome and decreasing risks: Diabetes care in older adults
3:15 - 4:00	Marcelo Correia, MD, MSc, PhD Non-alcoholic fatty liver disease
4:00	Closing Remarks and Adjournment



GENERAL INFORMATION

Intended Audience

This course is designed for primary care physicians, physician assistants, nurse practitioners, nurses, certified diabetes educators, and other health care providers.

Purpose

Primary care providers are in best position to educate, to motivate, and manage the health of patients with diabetes. We intend to improve knowledge and competence by discussing issues such as medications, nutrition, and physical activity related to obesity and diabetes.

Educational Objectives

Upon completion of this course the learner should be able to:

- Discuss the regulation of GLP-1 medications on eating behavior.
- Identify and mitigate weight stigma in the healthcare context.
- Review the data supporting use of continuous glucose sensors and automated insulin delivery in enhancing the care of persons with diabetes.
- Review the use of SGLT2 inhibitors in the management of patients with diabetic kidney disease.
- Discuss the clinical presentation and comorbidities of polycystic ovary syndrome.
- Review risk factor for hypoglycemia in older adults and discuss mitigation strategies.
- Discuss the epidemiology, pathophysiology, and current treatment of non-alcoholic fatty liver disease.

Registration Fees

The fee is \$180 for physicians, \$130 for nurses and physician assistants, \$100 for other diabetes health care professionals, and \$50 for students/ residents. All fees include registration, instruction and educational materials, CME and CEU recording, parking, continental breakfast, refreshment breaks and lunch.

Space is limited. We encourage early registration to enable us to provide the best possible service to participants. A \$25 fee will be charged for canceled registrations.

Housing

Participants are responsible for making their own hotel reservations and may do so by contacting the lowa City/Coralville Convention and Visitors Bureau (www.coralvilleiowacity.org) at (800) 283-6592 or any hotel in the lowa City area including:The Courtyard by Marriott, the Graduate lowa City Hotel (downtown): hotelVetro (downtown); the Hyatt Regency Hotel. Rates are not guaranteed.

Continuing Education Credit

The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

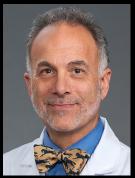
Physician: The University of Iowa Carver College of Medicine designates this live activity for a maximum of 5.75 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse: Effective March 18, 2020, lowa nurses may use participation in ACCME-accredited education toward their CE requirement for licensure. A certificate of participation will be available after successful completion of the course. (Nurses from other states should confirm with their licensing boards that this activity meets their state's licensing requirements.)

Other Provider: All other participants will receive a certificate of participation for this conference upon completion of the online evaluation. It is the responsibility of each attendee to determine if the continuing education programs they attend meet the requirements of their professional licensure board.

DISCLOSURE POLICY: University of Iowa Roy J. and Lucille A. Carver College of Medicine adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. All relevant financial relationships have been mitigated prior to the commencement of the activity.

PROGRAM FACULTY



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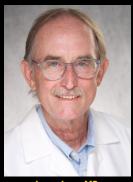
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Katie Robinson, MD, PhD Associate of Internal Medicine Endocrinology and Metabolism UI Carver College of Medicine



Advances in Diabetes and Obesity Management 2022

Disclosure Policy

Everyone in a position to control the content of this educational activity will disclose to the CME provider and to attendees all relevant financial relationships with any commercial interest.

Disability Statement

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities.

For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD), diversity@uiowa.edu.

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Division of Endocrinology and Metabolism in advance at 319-353-7842.

For additional information on this program and other upcoming CME events at the UI Carver College of Medicine, please visit: http://www.medicine.uiowa.edu/cme/.

